

Timanous Land Jester Award

Name: _____

In order to win his Jester, a camper must complete all requirements in the four ratings.

As you complete different parts of this award, remember to have a counselor sign off on it.

A. Athletic Rating – Demonstrate proficiency in 3 of the following 6 sports:

1. Baseball:

- a. Demonstrate proper fielding stance for both infield and outfield.
- b. Field 3 grounders in a row from shortstop and throw to first base.
- c. Catch 3 of 4 fly balls.
- d. Demonstrate proper batting stance.
- e. Display fundamental knowledge of the rules of the game.

2. Basketball:

- a. Demonstrate proper layup and foul shot technique.
- b. Show basic defensive principles and proper defensive footwork.
- c. Dribble and use two types of passes effectively in a game with counselors.
- d. Display fundamental knowledge of the rules of basketball.

3. Climbing Wall:

- a. Know the safety commands of the climbing wall.
- b. Know how to put on your own harness.
- c. Reach the top of the wall without falling.

4. Lacrosse:

- a. Show proper form for catching, throwing, and scooping.
- b. Catch 3 of 4 passes from 20 feet.
- c. Throw 3 of 4 balls in the net from 30 feet.
- d. Show 2 dodging techniques.
- e. Demonstrate basic knowledge of the rules and history of lacrosse.

5. Soccer:

- a. Demonstrate proper trapping, passing, dribbling, and throw-in techniques.
- b. Play effectively in one pick-up game or intra-camp competition.
- c. Display fundamental knowledge of the rules of soccer.

6. Tennis:

- a. Return 3 of 5 forehands using correct form.
- b. Return 3 of 5 backhands using correct form.
- c. Return 3 of 5 volleys using correct form.
- d. Learn how to sweep the courts and lines with proper equipment.
- e. Display fundamental knowledge of the rules and etiquette of the game.

B. Riflery and Archery Rating:

1. Riflery:

- a. Win Marksman First Class award.
- b. Demonstrate proper use of a sling.
- c. Know the important safety rules of shooting.

2. Archery:

- a. String and unstring a bow properly.
- b. Win Bowman award; Mallards and Eagles need to win Little John award.

C. Shop, Handicrafts, and Nature Rating:

1. Shop:
 - a. Identify major power tools, and be familiar with safety procedures.
 - b. Be able to hammer nails in a consistent and safe manner.
 - c. Know how to identify and/or explain the uses of the following tools:
 - i. Square
 - ii. Two types of screws and screwdrivers
 - iii. Differences in sandpaper grades
 - iv. Purpose of stain, paint and polyurethane
 - d. Complete a simple project, sand it, and use an appropriate finish.
2. Nature
 - a. Be able to identify 2 edible roots, berries, or plants around camp.
 - b. Be able to identify 5 plants around camp.
 - c. Be able to identify at least 3 types of trees around camp.
 - d. Be able to identify at least 3 different types of wild life around camp.
 - e. Know the formation of rocks and role of minerals.
 - f. Attend at least one field trip during the summer.
3. Handicrafts
 - a. Complete a simple project approved by the counselor in charge.

D. Camping Rating:

1. Campcraft:
 - a. Build a fire in dry weather (clean area, select wood, put out fire)
 - b. Aid in preparing and cooking one meal at cookout or on a camping trip.
 - c. Demonstrate safe use and care of a knife
 - d. Explain safety requirements and environmental concerns of overnight camping.
 - e. Be able to set up and put away a tent correctly.
 - f. Be able to tie a double half hitch, a bowline, and a trucker's hitch.
 - g. Successfully complete one hike during the course of the summer.
2. First Aid: (Learn these rules and be able to relate to the nurse's satisfaction)
 - a. Know that you should not take any medications from anyone except your parents, a doctor, a nurse, or the Campcraft counselor. Also know never to share your medications with anyone.
 - b. If someone is hurt – stay calm. Send another person for help and stay with the injured person. If you are alone, tell the injured person where you are going and go get help.
 - c. Know that you should never move an injured person unless they are in the water or in a dangerous situation like a fire or on the train tracks.
 - d. Discuss with the nurse when it's appropriate to call 911.
 - e. Discuss with nurse the benefits of "emergency action plans."
 - f. Know how to get help at: camp, school, your home neighborhood, or on a camping trip.
3. Timanews
 - a. Write one article for the Timanews.
4. Responsibility
 - a. Show responsible conduct in all phases of your camping experience to the satisfaction of Land Honors.